

Date: 10/19/10 Time: 6-8:30pm



Shape Great Kids with Positive Parenting



a workshop with
Dr. Louise Hart

Child care and dinner provided! Please RSVP!

This presentation teaches parents tools that can be used at every age to prevent problems, improve connections, and enrich the quality of family life. Parent-child connectedness is the “*super-protective factor*” that will lead to positive outcomes for your children and adolescents.

This interactive session will cover:

- The leadership style that prevents problems
- Social and emotional skills that reduce bullying
- Tools that resolve conflict and repair relationships
- How to recover from perfectionism
- Positive discipline resources



Dr. Hart is the author of:

The Winning Family

“Uniquely inspiring, accessible, and non-guilt-provoking.”

—Mothering Magazine

On the Wings of Self-Esteem

“It’s wonderful!”

—Jack Canfield, author of
Chicken Soup for the Soul

“The presentation was beautiful and heartfelt! It kept my attention throughout. I went home feeling more confident in my parenting - more confident overall. I feel everyone should be touched by this message.”

—Christina M.

Blue Oak School

Multipurpose Room
1436 Polk Street
Napa, CA 94559

Please RSVP to Molly Archbold

Phone: 707-252-1123 ext. 118

E-mail: MArchbold@copefamilycenter.org



COPE
FAMILY CENTER

Supporting Parents. Nurturing Children.